

St. Monica CHURCH

All are welcome here!

34 Monica Street (at 831 Genesee St.)

Rochester, NY 14619

Office: (585) 235-3340

Fax: 235-8315

Emergency Line: (585) 723-6531

www.stmonicaofrochester.org

Walk with us on:   

St. Monica Roman Catholic Church of Rochester Vision and Mission

We are a Resurrection people rooted in our rich Catholic heritage. We are growing in the *SPIRIT*, as individuals and as a faith community. We answer the CALL to LIVE OUT our Baptismal VOCATION in our daily lives, bringing the LIGHT of Christ's presence to our families, workplaces, neighborhoods, and the WORLD. **We dare to LIVE the LIFE of Jesus Christ, transforming discouragement into HOPE, fear into LOVE, isolation into COMMUNITY.**

Weekend Masses

Saturday at 4:00 pm

Sunday at 10:15am + Livestream

Emmanuel Church

of the Deaf:

Sunday at 11:30 AM



Daily Masses

Tuesday & Thursday: 12:10pm

Wednesday & Friday: 8am



Office Hours:

Monday-Friday

9:00am-3:00 pm

Join us Online!

www.stmonicaofrochester.org

Visit our website to get connected to all our online resources, including Mass, faith activities and reflections, online giving, and ways to get involved.

Parish Office

(585)-235-3340

Rev. Raymond Fleming, Pastor

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CYO – Tami Divers

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Facilitation Team

John Curran - 747-2324

Connie Chau

Kathy Garrant

Meg Lute

Mary Fran Kolbuc

Best Batchateu

Bob Passalugo



Two of our 14 St. Monica youth who attended Camp Stella Maris this summer.

Kindness and truth shall meet; justice and peace shall
kiss. Truth shall spring out of the earth,
– Psalm 85

August 13, 2023

19th Sunday in
Ordinary Time

Did you know? Our website, stmonicaofrochester.org, is your one-stop shop for all our online offerings. On our homepage you will find links to Mass videos, social media, online giving, outreach opportunities, virtual gatherings, at-home faith tools, and more! Visit our website and follow us on social media for even more ways to stay connected to our community. For help or to join the parish email list and receive our weekly news, email monicabulletin@dor.org.

**Confessions by appointment –
call office at (585) 235-3340 to schedule.**

Weekly Mass Intentions

- Sat, Aug 12 Special Intention Fr Ray Fleming - Peggy Reigelsperger
- Sun, Aug 13 Larry Nichols - Bob & Joy Boyd
Carolyn Arnell – Charlie Arnell & Family
- Tues, Aug 15 Jean Hernon McDade, George Campbell McDade - McDade
Family & the McDade Clay Family
- Wed, Aug 16 June Jones - Ed & Patty Giblin
- Thurs, Aug 17 Special Intention Fr Ray Fleming - Peggy Reigelsperger
- Fri, Aug 18 All Parishioners
- Sat, Aug 19 Bruce Letzelter - Jane Tasciotti
- Sun, Aug 20 Donald Sayre - Shirley Sayre



Let Us Pray

**An end to racism
All those affected by violence
God's creation**



THOSE IN THE MILITARY

CJ Arnell, Joshua Bartlett, Zachary Bartlett, Jarid Cook, Andrew Chmiel, Andrea Gerard, David Englert, Richard Lewis, Angela Aviles Lewis, Andrea Christ, Terry Redfield, Jr.

Lamp Intentions for August



SANCTUARY LIGHT

Lucille McGinnis

John & JoAnn DeMott

Rhonda Neri

John Delibert



CROSS ALTAR LIGHT

Riley, Sara, & Norman Will

Doris Will Meadows

Join St. Monica at the Westside Farmers Market

Tuesdays, 4:00-7:00 PM • June 6-October 10



We are seeking volunteers to be friendly and welcoming at the St. Monica booth! Contact Jessica.tette@dor.org to sign up for ONE day.

Volunteers also needed for setting up from 11:30am-4:00pm and helping with baked goods & produce sales at the Co-Op tent. Participate according to your interest and time availability. See Bob Boyd, John Curran, or Bob Passalugo.

Our chalkboard offers a reflection question each week where people can write their response at the market.

This week's chalkboard question:

What does our neighborhood need?

If you are looking for a way to help others, make new friends, and stay busy and active – please join us at Monroe Community Hospital! Volunteers are needed to visit with residents; escort them to events and activities on-site; and work in our beautiful Gift Shop and Thrift Shop! To learn more please call Laurie at 585-760-6151 or visit <https://www.monroehosp.org/volunteer>.



St. Peter's Kitchen is holding its 7th Annual Golf Tournament on Friday September 8, 2023 at Eagle Vale Golf Club. A number of our parishioners have already signed up and they invite you to join them and have fun! Call or email to get registered: 585-235-6511, email info@stpeterskitchen.org, or contact Bob Boyd at 585-698-4713.

**This Week at St. Monica Church:
August 13-20, 2023**

Sunday, 8/13	10:15 am – Mass, Church 11:30 am – ECD Mass, Church
Monday, 8/14	8:45-noon – Vacation Bible School 4:45 pm – Virtual Contemplative Prayer (contact Dorothy Siegel to join: kenanddor@yahoo.com or 880-5519)
Tuesday, 8/15 Assumption of the Blessed Virgin Mary	8:45-noon – Vacation Bible School 12:10 pm – Mass, Church 4:00-7:00 pm – Westside Farmers Market, Parking Lot
Wed., 8/16	8:45-noon – Vacation Bible School 8:00 am – Mass, Church
Thursday, 8/17	8:45-noon – Vacation Bible School 12:00 pm - Rusty Halos Senior Luncheon, Ezzy's Restaurant, 885 Buffalo Rd 12:10 pm – Mass, Church 6:30 pm – <i>The Chosen</i>, Rectory
Friday, 8/18	8:45-noon – Vacation Bible School 8:00 am – Mass, Church
Saturday 8/19	4:00 pm – Mass, Church
Sunday, 8/20	10:15 am – VBS Mass and celebration. Church 11:30 am – ECD Mass, Church

VACATION BIBLE SCHOOL MASS & RECEPTION

**Sunday, August 20
@ 10:15 Mass**

Our VBS campers will share songs and memories from the VBS week! Then join us for a reception following Mass.



NCYC UPDATE

THANK YOU so much for your support of our pilgrims attending the National Catholic Youth Conference in November! We are closer to our goal with \$900 left to raise. We are still collecting returnable cans and bottles to raise funds for our pilgrimage. We are SO grateful for our community! ♥

St. Monica Neighborhood Businesses

Jesus, who is my neighbor?

Rochester Police Department is not really a business, but the organization provides an important service! Here are a few RPD friends who focus on St. Monica's immediate community.



Lt. Mike Cotsworth commands a small staff of Crime Prevention Officers (CPOs) whose offices are just 2 blocks away at 923 Genesee St. They are a unique part of RPD's Community Affairs Bureau. Instead of answering 9-1-1 calls they work directly with neighbors on everyday issues.

CPOs **Moses Robinson, Kelly Lusk and Jim Laruez** operate from 923 Genesee St. Their tasks range from helping the homeless to working with residents, businesses and youth (including visiting St. Monica's CYO and VBS events).



Capt. Mike Jones commands the Genesee Patrol Section. Patrol has the difficult and dangerous job of responding to 9-1-1 calls 24x7x365. When not racing to emergencies sometimes their cars pause in our parking lot to file reports on their mobile PCs.

Follow Jesus with us:

www.stmonicaofrochester.org

[@stmonicaofrochester](https://www.facebook.com/stmonicaofrochester)

[@stmonicachurch](https://www.instagram.com/stmonicachurch)

[St. Monica Church - Mass](https://www.youtube.com/StMonicaChurchMass)

Bulletin

Did you sign up to receive the bulletin by email but are no longer receiving it? Please check your email settings to ensure you allow emails from monicabulletin@dor.org. Be sure to check your junk/spam folder. If the problem persists, email monicabulletin@dor.org.

Our links in the bulletin are live! If you are viewing this bulletin electronically, hold down Ctrl and click links in the bulletin to visit those sites.

BULLETIN SUBMISSIONS:

Please send submissions by 4pm on Sundays: monicabulletin@dor.org with 10-pt Arial font and any photos.

Emergency Food: If you are in need of emergency food and live in these zip codes: 14428, 14514, 14546, 14559, 14606, 14608, 14611, 14614, 14619, and 14624, please contact the **SWEM food cupboard HelpLine at 235-4491**. People from other zip codes can phone 211 for emergency food assistance.

How do I give my offering?

1. Weekly offering envelopes, cash, or checks can be brought to Mass or mailed to

**St. Monica Church
34 Monica St.
Rochester, NY 14619**

2. **OSV Online Giving:** Visit our website (<https://www.osvhub.com/stmonicaofrochester/giving/funds>) for secure one-time or recurring online giving.

3. **Text 2 Give:** Text your donation amount to 226-7514.

Thank you for supporting our community and ministries!



ARE YOU A MEMBER OF THE PARISH? WOULD YOU LIKE TO BE?

You are welcome at St. Monica Catholic Church! **Do you want to know more about how to join the parish?** Call the parish office today at 235-3340. It's that easy!

VOLUNTEERS:

All volunteers who encounter youth and vulnerable adults need to complete online Creating a Safe Environment training, background check and sign a Code of Conduct every three years. To complete the online course, go to dor.org online training or email jessica.tette@dor.org for a packet of information to help you.

Our Collection: Week of August 6, 2023

	Collection Goal	Our Collection	Variance
8/6/2023	3,238	2,589	(649)
Year-to-Date	19,488	18,744	(744)
Online Giving/week (included in actual total)			\$264



ROMAN CATHOLIC DIOCESE OF ROCHESTER

Victims of sexual abuse should always report to the civil authorities. To receive help and guidance from the Roman Catholic Diocese of Rochester, contact our Victim Assistance Coordinator:

Deborah Housel
585-328-3228, ext. 1555
Toll-free: 1-800-388-7177, ext. 1555
or by e-mail to victimassistance@dor.org.

A Plant-Based Diet: Good for Our Health and the Environment

Focusing on eating whole foods from plant sources can reduce body weight, blood pressure, cancer, diabetes, and risk of heart disease—and it can make your environmental impact more sustainable, according to Stanford University physician Dr. Reshma Shah.

If everyone in the U.S. ate no meat or cheese just one day a week, the environmental impact would equate to taking 7.6 million cars off the road.

Big benefits for your health and the planet can add up with small, consistent changes to your diet. Here are some ideas to get started in plant-based eating:

Start small: Try “Meatless Mondays” by investigating one simple and delicious plant-based meatless recipe to try each week. (See below)

Change your plate proportions: Reduce the space your meat-based protein takes up on your plate. Try a vegetable heavy stir-fry with a few slices of beef or a large, tossed salad with small amount of chicken. Once you have adjusted your palate on the smaller portion of meat, try substituting plant-based tofu or beans.

Be prepared when dining out: If possible, review the restaurant menu before you arrive, looking for vegetarian options. Many restaurants provide tasty meat-free options.

Feeling satisfied: You will feel hungry and unfulfilled if you only eat lettuce and vegetables. Bulk up your meals by adding filling, fiber-rich whole grains, plant-based proteins, and healthy fats. Try veggie burgers.

Take the time to enjoy and savor the flavors and textures that you discover in your journey of plant-based eating. It's a healthful, delicious, sustainable, and compassionate way of eating for you and your family. Here is recipe to get you started

Roasted Vegetable and Black Bean Tacos

- 1 cup chopped roasted root vegetables (carrots, red onions, sweet potatoes)
- ½ cup cooked or canned black beans, rinsed
- 2 teaspoons extra-virgin olive oil
- 1 teaspoon ground cumin
- 1 teaspoon chili powder
- ½ teaspoon ground coriander
- ¼ teaspoon kosher salt
- ¼ teaspoon ground pepper
- 4 corn tortillas, lightly toasted or warmed
- ½ avocado, cut into 8 slices
- 1 lime, cut into wedges
- Chopped fresh cilantro & salsa for garnish

Roast root vegetables, rotating the baking sheets top to bottom halfway through, until fork-tender, at 425oF - 30 to 40 minutes.

Combine roasted root vegetables, beans, oil, cumin, chili powder, coriander, salt and pepper in a saucepan. Cover and cook over medium-low heat until heated through, 6 to 8 minutes.

Divide the mixture among the tortillas. Top with avocado. Serve with lime wedges. Garnish with cilantro and/or salsa, if desired.

For more information and recipes, go to:
www.mondaycampaigns.org.

School Supplies for St. Peter's Kitchen

The August Blue Bag collection is for St Peter's Kitchen. The current need is for backpacks and school supplies for area students to be prepared for getting back to school. Below are three different lists of supplies by grade level. If you would like to donate, please pick one of the lists and fill a backpack with the required items. Finally, please LABEL the backpack as to which grade level and whether it is for a female or male. **The collection for these items will be the weekend of August 12 (4pm Mass) and August 13 (10:15am Mass), 30 minutes before each mass.** Please drop off your items at the garage adjacent to St. Monica's parking lot entrance from Monica Street. Volunteers will be there to help you. Thank you and God bless you for helping our neighbors in need.

K - 2nd grade supplies

- 1- Box of crayons (24 count)
- 1 -Box of markers (8 or 12)
- 1- Box of #2 pencils, (10 or 12) sharpened
- 3 -Glue sticks
- 1 -Plastic school box
- 2 -Pink erasers
- 1 -Pair blunt scissors
- 1 -Hand-held pencil sharpener
- 1 -Composition notebook
- 2 -Pocket folders
- 1 -Ruler

3rd-7th grade supplies

- 2 -Boxes #2 pencils, sharpened
- 1 -Box of 24 count crayons
- 1 -Pkg colored pencils (10 or 12) count
- 1 -Pkg Pens; blue or black (8 or 10)
- 4 -Folders with pockets: blue, green, red, yellow
- 1 -Composition notebook
- 4 -1-Subject Spiral Notebooks
- 1 -Package filler paper (Wide)
- 1 -Pair of children size scissors (not blunt)
- 1- Large glue stick
- 2 -Pink erasers
- 1 -Ruler
- 1 -Soft 3- ring pencil pouch

8th-12th grade supplies

- 1 -pkg #2 Pencils (10 or 12)
- 1 -pkg Mechanical pencils (8 or 10)
- 1 -pkg Colored pencils
- 1 -pkg Blue or black pens
- 2 -Highlighters
- 1 -Permanent marker
- 1- pr. Scissors
- 2- Pink erasers
- 1- Large glue stick
- 1 -Ruler
- 2 -composition books
- 4- Pocket folders
- 4 -1 subject spirals
- 2 -pkg notebook paper (College ruled)
- 1 -Soft 3- ring pencil pouch
- 1- 3 ring binder



From the *Catholic Courier*:

Mass Matters: We want to hear directly from parishioners across the Diocese of Rochester for our social media series "Mass Matters!" Parishioners can submit brief videos (15 seconds to 1.5 minutes, shot holding the phone vertically) of themselves addressing what attending in-person Masses and receiving the Eucharist mean to them.

Visit <https://bit.ly/44Slzas> to submit a video or <https://bit.ly/3QbsNIZ> to submit a written response.